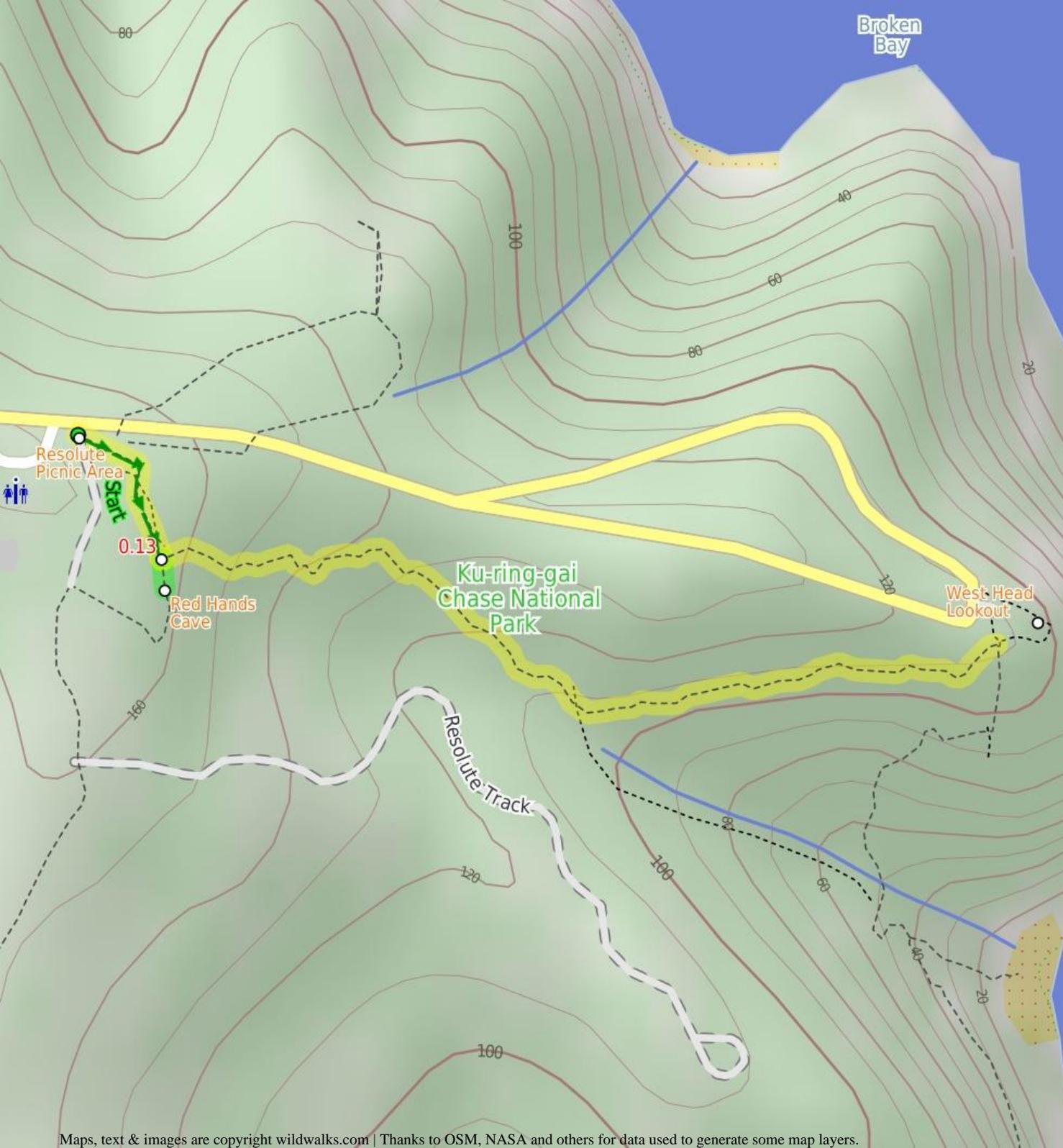


## West Head Lookout Track



1 Hr

1.9 km Return

Moderate track

↑ 96m

3

From Resolute Picnic Area, this walk heads out to West Head Lookout, with magnificent views across the Hawkesbury River and Lion Island. The track is a direct route which passes through classic Ku-ring-gai Chase National Park bushland. This walk offers a great way to avoid competing for parking at West Head Lookout, while enjoying more of the park.

103m

Ku-ring-gai Chase National Park

### Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

**Getting there** Traveling by car is the only practical way to get to Resolute Picnic Area (gps: -33.5779, 151.3001). Car: A park entry fee is required for driving into the park.

This is a return, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/whlt>

#### 0 | Resolute Picnic Area

Resolute picnic area, Ku-ring-gai Chase National Park, is a large grassed area with benches, shelter, interpretive signs, electric BBQ's and an environmentally-friendly toilet block. The picnic area does not have drinking water, but does have a pay phone and wheelchair-accessible bathroom with baby-changing area. Resolute picnic area is a great place for lunch, with Red Hands Cave, West Head and Resolute Beach and West Head Lookout tracks starting from the picnic area. The picnic area has adequate parking and a bus turn-around area.

#### 0 | Resolute Picnic Area

(130 m 3 mins) From Resolute Picnic Area car park, the walk heads through the picnic area, away from the road, to follow the 'Red Hands Track 50m' sign. The walk then descends a flight of stairs to the intersection at the bottom.

#### 0.13 | Optional sidetrip to Red Hands Cave

(20 m ) Continue straight: From the intersection, the walk heads down the hill, following the rocky outcrop to the right of the track. The walk follows this for approximately 30m to the interpretation signs for Red Hands Cave. At the end of this side trip, retrace your steps back to the main walk then Turn right.

#### 0.13 | Red Hands Cave

Red Hands Cave, Ku-ring-gai Chase National Park, is a small rock overhang just near Resolute Picnic Area. The red hands are made by ochre, clay, being blown over an outspread hand. This Aboriginal rock art has been given an estimation of approximately 2000 years in age.

#### 0.13 | Int. West Head Lookout Trk and Red Hands Cave Trk

(820 m 20 mins) Turn left: From the intersection, this walk follows steps down the hill following the sign to 'West Head Lookout'. The track continues to undulate along the hillside passing a sign pointing to 'West Head Lookout'. The track continues along the hillside to open out onto the sandstone paved area of West Head Lookout at a signposted intersection.

#### 0.95 | West Head Lookout

West Head Lookout, Ku-ring-gai Chase National Park is a large sandstone viewing area with many interpretive signs. The view spans across the Hawkesbury River to Lion Island, Patonga Sport and Recreation, Box Headland and over to the Barrenjoey Headland. The lookout has a number of bench seats and a low stone fence.

